

Let's Have Some Fun

Respite Summer Sports Sampler

These events are open to any child who has been diagnosed with a special need and any siblings of children diagnosed with a special needs. A special need typically includes children on an IFSP or IEP, a mental health diagnosis or a medical diagnosis.

Scottsbluff/Gering

July 28—Carpenter Center—Tumbling & NinjaZone

August 11—Buckboard Therapeutic Riding *Children with special needs only*

August 21 or 28—Aerial Gymnastics

Chadron

July 23—Panhandle Gymnastics

August 19—Consuming Fire School of Dance & Gymnastics

Alliance

August 3—Panhandle Gymnastics

Complete the registration form and send to WCHR/Respite, 300 Shelton Street, Chadron NE 69337 or call 308-432-8190 for more information.

Respite Summer Sports Sampler Information

Series of events for children with special needs and their siblings. This series brought to you by Western Community Health Resources - Western Area of the Nebraska Respite Network

Scottsbluff/Gering

July 28, 2021 – Carpenter Center, 116 Terry Blvd, Gering NE

1:00 p.m. – 2:15 p.m. – Tumbling

2:30 p.m. – 4:00 p.m. - NinjaZone

Children ages 2 - 15

Come participate in an afternoon of tumbling and NinjaZone. The Carpenter Center tumbling program has been going strong for over 4 years. They offer many tumbling classes for both boys and girls. NinjaZone combines gymnastics, martial arts, obstacle course training and freestyle movement to introduce kids to the exciting world of the Ninja sport.

August 11, 2021 – Buckboard Therapeutic Riding Academy, 140500 S. 14th St., Gering

4:00 p.m. – 6:00 p.m.

This event is only open to children with special needs.

Come and get a tour of Buckboard's new facility and learn what they offer. Children will have an opportunity to brush the horses. Buckboard Therapeutic Riding Academy Started in 1998 and has been offering equine-assisted activities and pleasure horseback riding for adults and children with special needs. This program combines instruction in traditional horsemanship skills with the concepts of physical therapy. Buckboard continues to empower individuals of all abilities with the beauty of horses.

August 21/28 – Aerial Gymnastics, 1102 East Overland, Scottsbluff

Choose 1 session – each session limited to 10 participants

August 21 from 10:00 a.m. – 12:00 p.m.

August 12 from 1:00 p.m. – 3:00 p.m.

August 28 from 10:00 a.m. – 12:00 p.m.

August 28 from 1:00 p.m. – 3:00 p.m.

Aerial Gymnastics offers toddler tumbling, beginning gymnastics, intermediate gymnastics and a competition team.

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Chadron

July 23, 2021 – Panhandle Gymnastics, 132 W 3rd St

9:00 a.m. – 11:00 a.m. – ages 3 through 2nd grade

1:00 p.m. – 3:00 p.m. – 3rd grade – 6th grade

3:00 – 5:00 p.m. – 7th grade and up

Panhandle Gymnastics mission is to make sure their gymnastics program supports all of their athletes in the way that benefits them the most, whether the athlete needs to gain strength and flexibility to help them excel in any sport, wants to learn recreation skills, or is hoping to complete on a USAG team. Panhandle Gymnastics believes in supporting families and the community as together we raise children to become successful adults. They will be sharing some basics on gymnastics and Ninjazone. NinjaZone combines gymnastics, martial arts, obstacle course training and freestyle movement to introduce kids to the exciting world of the Ninja sport.

August 19 – Consuming Fire School of Dance & Gymnastics, 225 Main Street

9:00 a.m. – 11:00 a.m. – Ages 3 through 2nd Grade

1:00 p.m. – 3:00 p.m. – 3rd Grade through 6th Grade

3:00 p.m. – 5:00 p.m. – 7th grade and up

Consuming Fire School of Dance and Gymnastics has a vision of imagining a community where the art of dance flourishes and young minds and bodies are strengthened through the discipline of dance & gymnastics. On August 19, the children will get to try tap, ballet and gymnastics.

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Alliance

August 3, 2021 – Panhandle Gymnastics, 1202 East 10th Street in the Alliance Recreation Center *this location requires participants to go down some pretty steep stairs.

9:00 a.m. – 11:00 a.m. – ages 3 through 2nd grade

1:00 p.m. – 3:00 p.m. – 3rd grade – 6th grade

3:00 – 5:00 p.m. – 7th grade and up

Panhandle Gymnastics mission is to make sure their gymnastics program supports all of their athletes in the way that benefits them the most, whether the athlete needs to gain strength and flexibility to help them excel in any sport, wants to learn recreation skills, or is hoping to complete on a USAG team. Panhandle Gymnastics believes in supporting families and the community as together we raise children to become successful adults. They will be sharing some basics on gymnastics and Ninjazone. NinjaZone combines gymnastics, martial arts, obstacle course training and freestyle movement to introduce kids to the exciting world of the Ninja sport.

Respite Summer Sports Sampler Registration Form

At least one of your children must have a *special need* to participate in this free series of events.

Any child on an IFSP /IEP, has a mental health diagnosis or a long-term health need is eligible for respite.

Complete one form per child

Parent's Name(s) _____ Cell Phone Number _____

Address _____ Email Address _____

Child's Name _____ Child's Age _____ T-Shirt Size _____

Circle One Child has special needs Child has a sibling with special needs

Please list any information staff need to be aware of : _____

Please check which events your child will participate in.

Scottsbluff Sessions

- ☐ July 28, Carpenter Center – 1:00 p.m. – 4:00
- ☐ August 11, Buckboard Therapeutic Riding
- ☐ Aerial Gymnastics – Choose from 1 of 4 sessions – limited to 10 per session
 - August 21 - 10:00 a.m. – 12:00 p.m.
 - August 21 - 1:00 p.m. – 3:00 p.m.
 - August 28 – 10:00 a.m. – 12:00 p.m.
 - August 28 - 1:00 p.m. – 3:00 p.m.

Chadron Sessions

- ☐ July 23, 2021, Panhandle Gymnastics
 - 9:00 a.m. – 11:00 a.m. Ages 3 through 2nd grade
 - 1:00 p.m. – 3:00 p.m. – 3rd grade through 6th grade
 - 3:00 p.m. – 5:00 p.m. – 7th grade and up
- ☐ August 19, Consuming Fire School of Dance & Gymnastics
 - 9:00 a.m. – 11:00 a.m. – Ages 3 through 2nd grade
 - 1:00 p.m. – 3:00 p.m. – 3rd grade through 6th grade
 - 3:00 p.m. – 5:00 p.m. – 7th grade and up

Alliance Session

- ☐ August 3rd, 2021, Panhandle Gymnastics at the Alliance Rec Center (must be able to go down some pretty steep stairs)
 - 2:00 p.m. – 3:00 p.m. – Ages 3 through 2nd grade
 - 3:30 p.m. – 4:30 p.m. – 3rd grade through 6th grade
 - 5:00 p.m. – 6:00 p.m. – 7th grade and up

Each child will receive a t-shirt at the first event. We ask that they wear it to each event they participate in.